

INSTRUCTIONS FOR WONDER KIT

1

LEARN HOW TO USE YOUR DEVICES

Your doctor will teach you how to use the devices. Please be sure that the barometric devices is in proper range of the compute device/your phone for successful automatic upload.

2

ANSWER THE INITIAL QUESTIONNAIRE

Answer the initial questionnaire in the WONDER app about your risk factors. Make sure you answer each question so no risk factors are missed.

3

RECORD YOUR VITALS

Start to record all your vital information with the provided devices! Frequency to be decided by your doctor.



FETAL MOVEMENTS

Click on the icon every time you detect a fetal movement, for up to 10 movements. Usually it will only take 5-10 minutes to get 10 movements, but if it takes longer, you need to continue to click on the icon for a total of 1 hour.



URINE ANALYSIS

Get a urine test kit over the counter, follow the instructions and enter the value into the app as 0 to 4+ for protein, blood, sugar, nitrite, and ketone.



GLUCOSE LEVEL

Use the glucometer to check your glucose levels 4 times a day (after waking up (fasting), and 2 hours after breakfast, lunch, and dinner).

4

RECORD YOUR SYMPTOMS

Please enter **all of your symptoms** in the app's dropdown symptom list.

5

SEE YOUR DOCTOR ONLINE

You can initiate a tele-consultation by pressing the icon and starting the call.

If the device got stolen or is not working, patient can call the doctor's office first.
If the issue cannot be resolved, please call us at +1(888) 499-5990.

WONDER will have 24/7 coverage for trouble shooting that relates to app issues.

WE VALUE YOUR FEEDBACK!

PLEASE GIVE YOUR INPUT IN OUR APP.

INSTRUCTIONS FOR USING YOUR OWN DEVICE

1

LEARN HOW TO USE YOUR DEVICES

Your doctor will teach you how to use the devices. Please be sure that the barometric devices is in proper range of the compute device/your phone for successful automatic upload.

2

ANSWER THE INITIAL QUESTIONNAIRE

Answer the initial questionnaire in the WONDER app about your risk factors. Make sure you answer each question so no risk factors are missed.

3

RECORD YOUR VITALS

Frequency to be decided by your doctor. Please make sure to enter data in carefully, and if data is flagged as abnormal, please recheck to confirm that the value you entered is correct.



FETAL MOVEMENTS

Click on the icon every time you detect a fetal movement, for up to 10 movements. Usually it will only take 5-10 minutes to get 10 movements, but if it takes longer, you need to continue to click on the icon for a total of 1 hour.



URINE ANALYSIS

Get a urine test kit over the counter, follow the instructions and enter the value into the app as 0 to 4+ for protein, blood, sugar, nitrite, and ketone.



GLUCOSE LEVEL

Use the glucometer to check your glucose values 4 times a day (after waking up (fasting), and 2 hours after each breakfast, lunch, and dinner) and enter the values into the app.

4

RECORD YOUR SYMPTOMS

Please enter **all of your symptoms** in the app's dropdown symptom list.

5

SEE YOUR DOCTOR ONLINE

You can initiate a tele-consultation by pressing the icon and starting the call.

If the device got stolen or is not working, patient can call the doctor's office first.
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